

OAKLAND CUSD #5

5TH GRADE
MAY 1 1-15, 2020

LISA ROBERTSON

Week of May 11-15, 2020

Mrs. Robertson 5th Grade

Office Hours: Monday, Tuesday, Thursday 1-3pm

Please complete the assignments on the worksheet, a separate sheet of paper, or in a google doc. You can take pictures or scan paper copies of assignments and email them to me or you may turn in assignments to the school on Mondays when you pick up the next week's assignments.

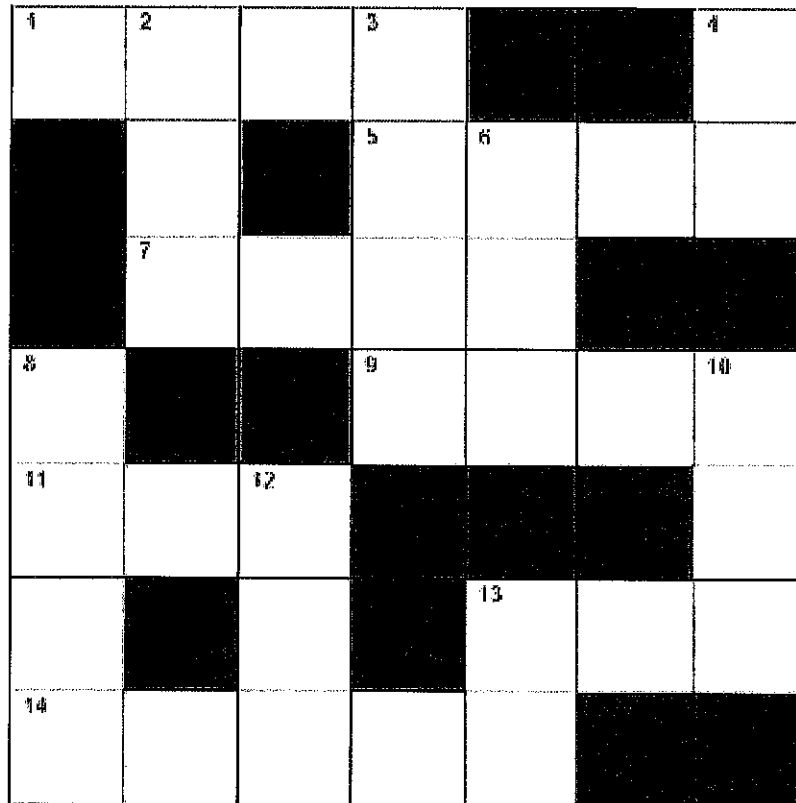
If you have any questions or concerns, please do not hesitate to contact me.

Choose 1 item to complete per subject:

Class	Choice 1	Choice 2	Choice 3 (Enrichment)
Math	Division Crossnumber puzzle	Star Number Puzzle	Roman Numerals Worksheet
Reading	Children's Books Emoji Pictionary	Context clue crossword	Simile or Metaphor color by number
Language Arts	Vacation Mad Lib	Homophone color by number	Roll and write a story or create your own story.
Social Studies	North America Word Search	Create as many words as possible from the sentence "North America is a continent."	Research your president and answer all remaining questions about your president
Science	Food Chain Crossword	Trees Word Search	Rainbow in a jar experiment

Name: _____

Write your answers with a remainder, using the letter R to indicate a remainder. Example: 43R6



Directions: Solve each division problem on notebook paper. Please be sure to turn in your work with your puzzle.

Across

1 $315 \div 6$

5 $214 \div 5$

7 $140 \div 3$

9 $107 \div 7$

11 $460 \div 4$

13 $51 \div 6$

14 $295 \div 2$

Down

2 $642 \div 3$

3 $171 \div 5$

4 $432 \div 8$

6 $900 \div 4$

8 $183 \div 2$

10 $759 \div 3$

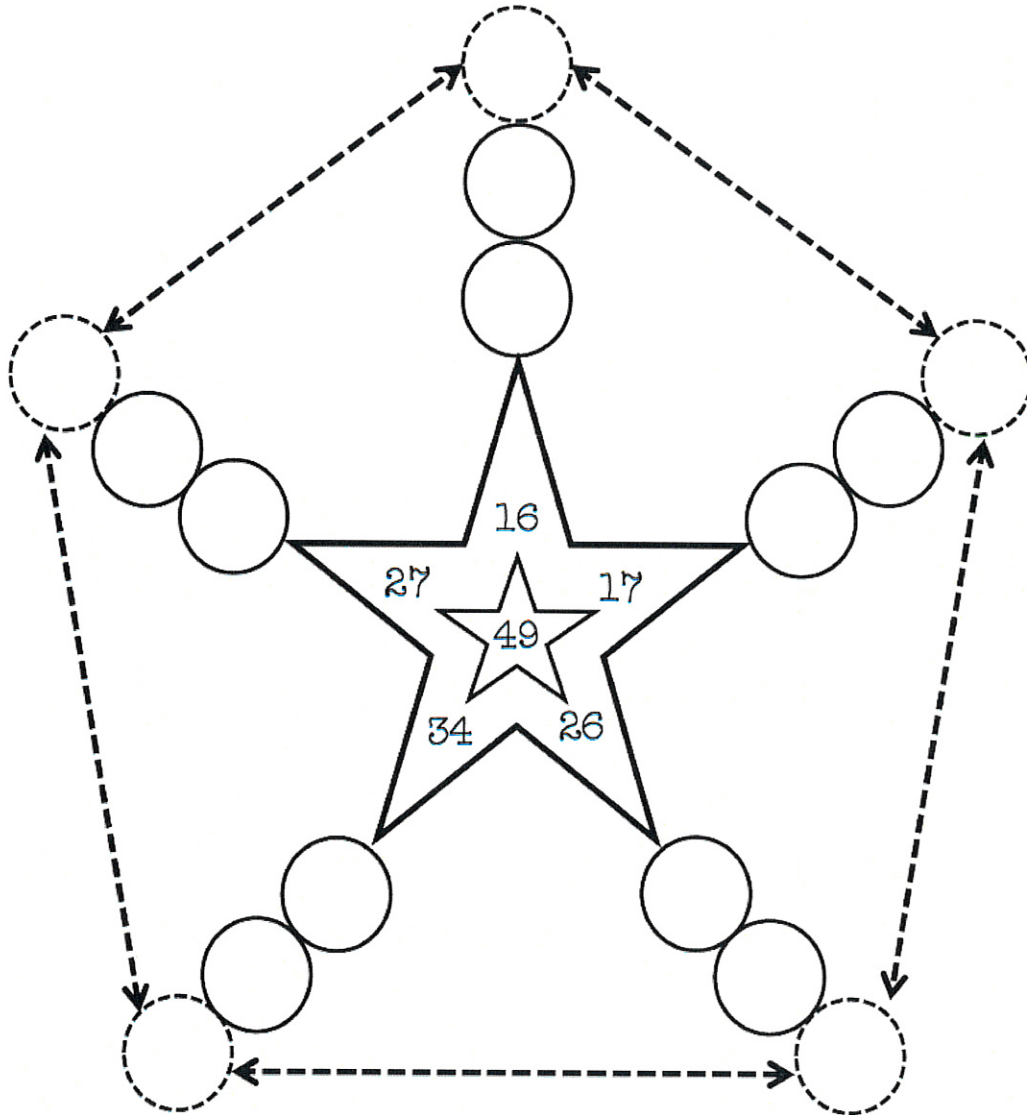
12 $52 \div 9$

13 $162 \div 2$

Name: _____

Number Star

Directions: Fill in each circle with a number from the number bank. Each number may only be used once. The three circles connected to each star point should equal the number found in that part of the star. When you add the five outermost circles together, they should equal the number in the center star.



Number Bank

1	2	3	4	5	6	7	8
9	10	11	12	13	14	15	

Name: _____

Critical Thinking

The Romans developed a numbering system in which the value of the number is always the same. There are no place values or zero. Here are a few Roman numerals and their values.

I = 1

V = 5

X = 10

When symbols are combined, new numbers can be written.

VI = 6

VII = 7

VIII = 8

IV = 4

1. Why does VII equal 7? _____
2. Why does VIII equal 8? _____
3. Explain why IV equals 4. _____

Roman Numeral	Value	Roman Numeral	Value
I	= 1		
V	= 5	\bar{V}	= 5,000
X	= 10	\bar{X}	= 10,000
L	= 50	\bar{L}	= 50,000
C	= 100	C	= 100,000
D	= 500	D	= 500,000
M	= 1,000	M	= 1,000,000

$MCMXCVII = 1,000 + (1,000 - 100) + (100 - 10) + 5 + 1 + 1 = 1997$

$MDLXXVCDLXVII = 1,000,000 + 500,000 + 50,000 + 10,000$

$10,000 + 5,000 + (500 - 100) + (50 + 10) + (5 + 1 + 1) = 1,575,467$

Use the chart to help you write the standard form.

4. XXIII _____
5. XLII _____
6. CXXI _____
7. LXXXIV _____
8. CDXLIV _____
9. MCCLIX _____
10. MCCLDC _____
11. DCCDXC _____
12. CDXDCLV _____

5th Grade Mrs. Robertson
Name _____

Week:5/11-5/15 Reading Option #1

Take your best guess at each problem. Even if you aren't 100% certain, write an answer for all the problems.

children's book

EMOJI Pictionary

GUESS THE TITLE OF THE CHILDREN'S BOOK BY USING THE EMOJIS!

1. 🟩 🔍 🔍 🐷 _____
2. 🕷️ ❄️ 🐷 _____
3. 🐛 🍉 🍊 🍓 🍋 🍭 🍏 🍰 _____
4. ✨ 🌙 🌃 😴 😊 _____
5. 👉 🐟 🙌 🐟 🍎 🐟 🍌 🐟 _____
6. 😊 🔄 🎩 _____
7. 🌈 🐟 _____
8. ☁️ ☁️ ☔️ 🍷 _____
9. 🐷 🐷 🐷 🐎 _____
10. 🧒 🍳 🎩 🐭 ❤️ ♠️ ☕ 🍷 🐛 🐰 _____
11. 🧒 🍫 🏭 _____
12. 🦋 🐭 🍪 _____
13. 🧒 🌲 🏠 🛁 🛏️ 🐻 _____
14. 🦋 🌳 🍎 🍏 🧒 🧔 🤖 _____
15. 🧒 🚤 🌴 🍎 🍷 _____

Context Clue Passage and Self-Checking Crossword

Read the passage. Complete the crossword using the bold words. Underline the context clues in the passage.

Samantha Gets to Work

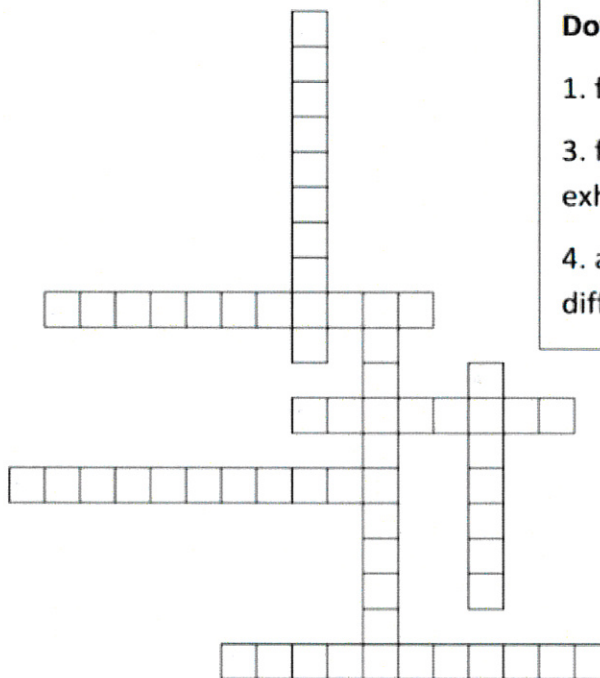
Samantha was **exasperated**. She and her mother had been **quarreling**, or fighting, for several hours, and she wanted to take a nap. For some reason, Samantha was having a lot of trouble focusing on getting her room picked up. She wasn't really sure why, but it seemed that there was always something to **distract** her, which made her forget what she was supposed to be doing. The day was slipping by.

Samantha's mother remarked, "If your room isn't cleaned up by 5:00, I'm afraid you can't go to the fair with your friends." Suddenly, Samantha realized the **consequence** (result) of her dirty room. Right away, she **immediately** got to work. She picked up a **variety** of things: dirty socks, books, games, and all kinds of other stuff. Her mother stared **dumbfounded**, totally shocked that her daughter was suddenly cleaning. "Looks like you'll be going to the fair after all!" she exclaimed.

Across	5. to draw attention away	6. result, effect
2. shocked and surprised	7. right away, instantly	

Down

1. fighting
3. frustrated and exhausted/tired
4. assortment, many different things



Use your answers from this page to complete the color by number on the next page.

Similes and Metaphors both compare items to other things. Similes always use the words like or as when comparing.

Metaphor example: He was a cheetah running down the street.

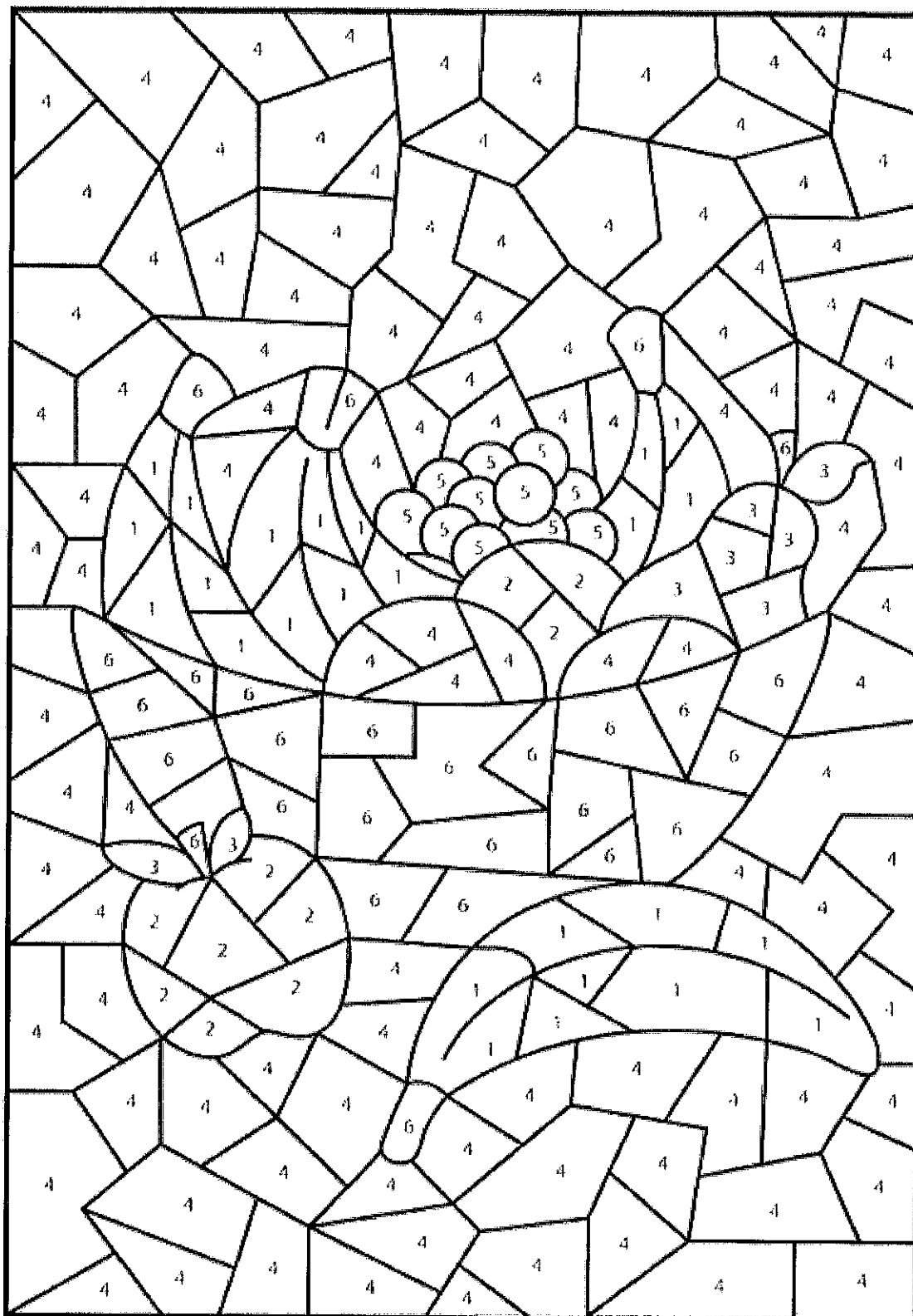
Simile example: He is as tall as a giraffe.

Color by number Simile or Metaphor Review

Determine whether the statement is a metaphor or a simile. Color the picture according to your answer choice.

1. Her hair is silk.	Simile- brown	Metaphor- yellow
2. The slime is as green as boogers.	Simile- red	Metaphor- orange
3. The trees were an umbrella for us when the rain started.	Simile- blue	Metaphor- green
4. The sun is like a yellow ball of fire in the sky.	Simile- orange	Metaphor- red
5. Our house is a zoo.	Simile- pink	Metaphor- purple
6. Frank has a heart of gold.	Simile- yellow	Metaphor- brown

Name: _____



Name: _____

Use the words you come up with on this page to complete the mad lib on the next page.

- 1. Adjective -**
- 2. Adjective -**
- 3. Noun -**
- 4. Noun -**
- 5. Plural Noun -**
- 6. Game -**
- 7. Plural Noun -**
- 8. Verb ending in -ing -**
- 9. Verb ending in -ing -**
- 10. Plural noun -**
- 11. Verb ending in -ing -**
- 12. Noun -**
- 13. Plant -**
- 14. Part of the body -**
- 15. A place -**
- 16. Verb ending in -ing -**
- 17. Adjective -**
- 18. Number -**
- 19. Plural Noun -**

Name: _____



MAD LIBS[®]

VACATIONS

A vacation is when you take a trip to some _____ place
ADJECTIVE

with your _____ family. Usually you go to some place
ADJECTIVE

that is near a/an _____ or up on a/an _____.
NOUN NOUN

A good vacation place is one where you can ride _____
PLURAL NOUN

or play _____ or go hunting for _____. I like
GAME PLURAL NOUN

to spend my time _____ or _____.
VERB ENDING IN "ING" VERB ENDING IN "ING"

When parents go on a vacation, they spend their time eating
 three _____ a day, and fathers play golf, and mothers
PLURAL NOUN

sit around _____. Last summer, my little brother
VERB ENDING IN "ING"

fell in a/an _____ and got poison _____ all
NOUN PLANT

over his _____. My family is going to go to (the)
PART OF THE BODY

_____, and I will practice _____. Parents
A PLACE VERB ENDING IN "ING"

need vacations more than kids because parents are always very
 _____ and because they have to work _____
ADJECTIVE NUMBER

hours every day all year making enough _____ to pay
PLURAL NOUN

for the vacation.

5th Grade Mrs. Robertson Week:5/11-5/15 Language Arts Option #2

Name: _____

Page 1

Homophone Coloring Page 1 of 2: Intermediate Bucket

Name:

Date:

Homophones are words that are pronounced alike, but have different spellings and meanings. Find the correct missing homophone in each sentence below. Then use those answers along with page 2 of this activity to color the artwork correctly.

TO – A preposition, shows direction
TWO – Number
TOO – Also

THERE – Towards a location
THEIR – Belonging to them
THEY'RE – They are

1	I love _____ go to the beach.	TO	TOO	TWO
2	Let's put our blanket down over _____.	THERE	THEIR	THEY'RE
3	Our cousins are coming to the beach, _____.	TO	TOO	TWO
4	_____ bringing supplies to build sand castles.	THERE	THEIR	THEY'RE
5	We love playing with _____ beach toys.	THERE	THEIR	THEY'RE
6	We might build _____ sand castles.	TO	TOO	TWO
7	_____ are a ton of seashells that we can use to decorate the castles.	THERE	THEIR	THEY'RE
8	We plan to play in the ocean while we are _____.	THERE	THEIR	THEY'RE
9	I want _____ walk along the boardwalk.	TO	TOO	TWO
10	We might be able to fly a kite at the beach, _____.	TO	TOO	TWO
11	As long as _____ is enough wind, we can fly the kite.	THERE	THEIR	THEY'RE
12	_____ the perfect activity on a windy day at the beach.	THERE	THEIR	THEY'RE
13	Have you ever seen _____ kites flying next to each other?	TO	TOO	TWO
14	You have to be careful that _____ strings do not get tangled.	THERE	THEIR	THEY'RE
15	I hope to find at least _____ seashells.	TO	TOO	TWO
16	Would you like to come to the beach, _____?	TO	TOO	TWO

5th Grade Mrs. Robertson Week:5/11-5/15 Language Arts Option #2

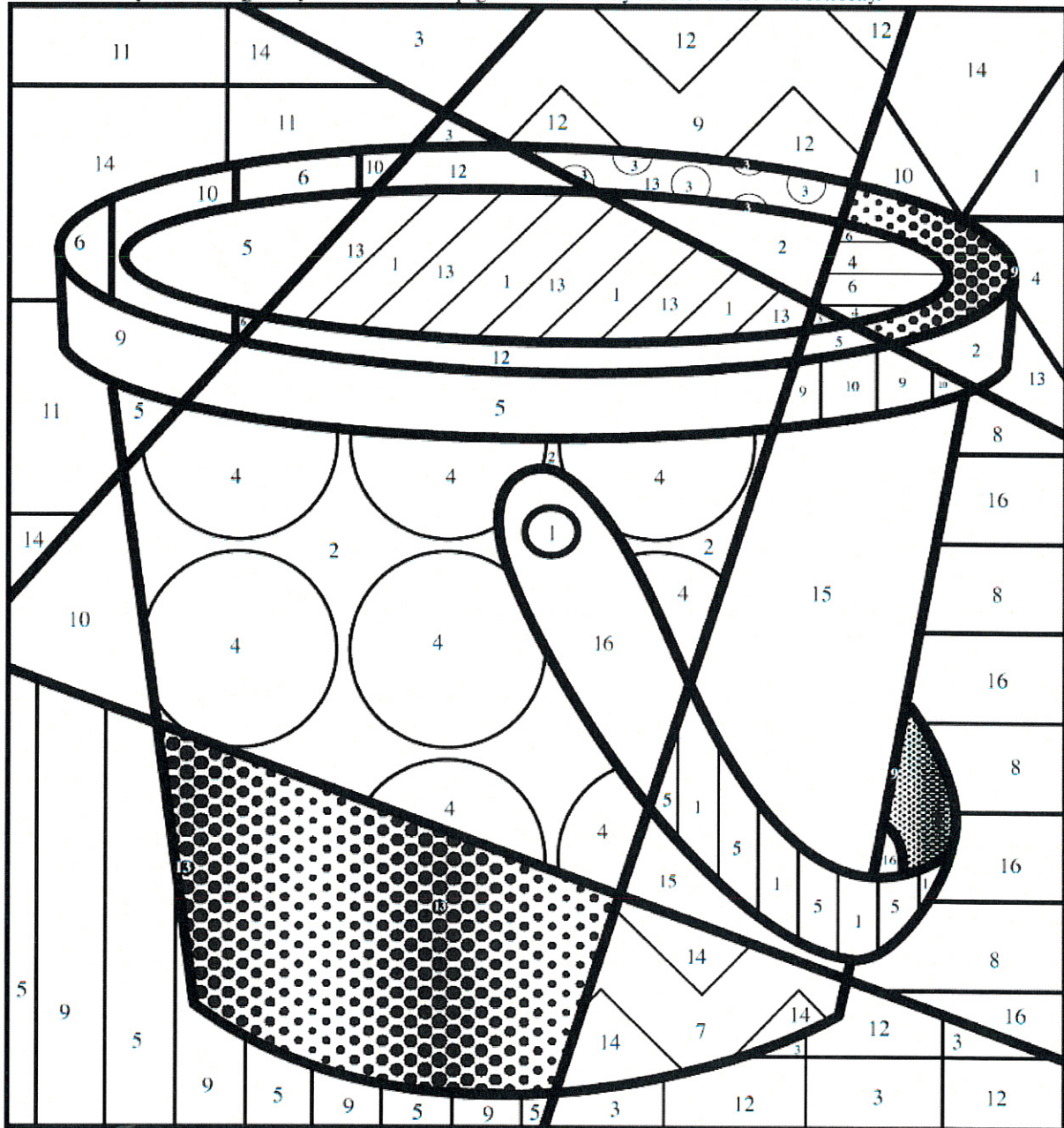
Name: _____

Page 2

Homophone Coloring Page 2 of 2: Intermediate Date: _____

If the answer is...	Then color it...	If the answer is...	Then color it...
TO	Red	THERE	Green
TWO	Yellow	THEIR	Purple
TOO	Blue	THEY'RE	Orange

Use the color key above along with your answers from page 1 of this activity to color the artwork correctly.



© _____ Cut out the finished work when you are done coloring.

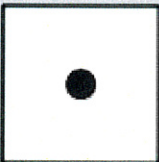
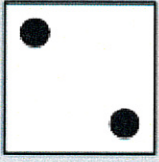
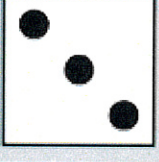
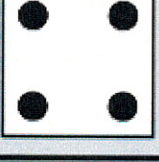
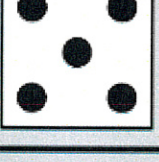
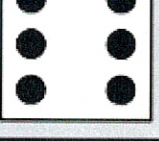
5th Grade Mrs. Robertson Week:5/11-5/15 Language Arts Option #3

Name: _____

Write a story that is at least 5 sentences long by rolling a dice to determine all the story elements, or make up a story of your own creation.

Roll-a-Story

Roll-a-Story Handout

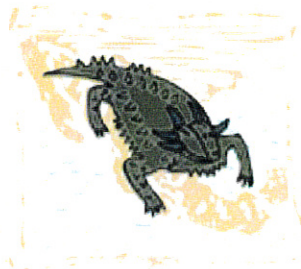
# on Dice	Character	Setting	Problem
	A very small fairy	In a library	Got caught in the rain
	A superhero with magical powers	At the beach	Sat on an egg
	A big, brown, angry bear	At the circus	Forgot how to get home
	A friendly, singing dragon	In a school	Drank a magical potion
	A teacher	On a hot tropical island	Discovered he or she could run very fast
	A very strong football player	Inside a restaurant	Found a secret note

Name: _____

Search For Words

Find and circle the words. They run right to left, left to right, bottom to top, top to bottom, and diagonally top to bottom or bottom to top.

fresh rainfall snow mountains fruit lakes
rolling continent winter countries glaciers rain



d m w j n i q l t r r f h l x
d w o b k q k n s a o t e l z
g v r u k m e p n i m n d w d
p z m a n n l n o n x t o q m
l r f o i t l t w f a e r h d
w k e t p n a a g a s l n g f
a x n t b d o i r l x n b s r
y o r g n c p c n l a s g f f
c j b m s i u a y s l l u u m
m v o w w p w u t t a j m v h
r s m k t o a i q c u n j i s
t p c i n o u w i l a k e s e
c o u n t r i e s f l c k j r
w l v b f g r g n i l l o r f
f b y x l s u t y b e i h f l

5th Grade Mrs. Robertson Week:5/11-5/15 Social Studies Option #2

Name: _____

North America is a continent.

Can you make lots of words using only the letters in the sentence above?
Write the words on the lines below. If you need to, turn over the page and write on the back.







5th Grade Mrs. Robertson Week:5/11-5/15 Social Studies Option #3

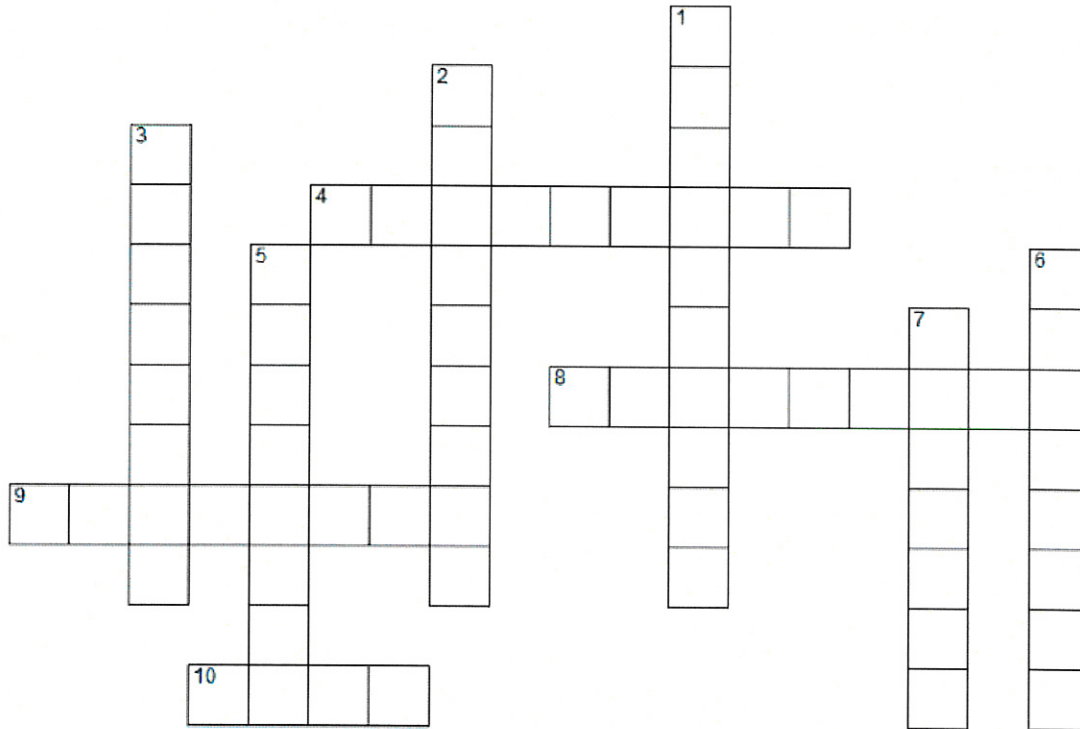
Name:_____

Start researching your president or a different president of your choosing.

- **All research materials can be found in google classroom in the Language Arts or Social Studies Classroom. Please share your copy of the questions with me so I can see your work.**
- **Answer your last 3 “after presidency” questions. You may work ahead if you would like. There will be 3 questions assigned each week. All questions should be answered at this point.**
- **If you happened to create a poster or slideshow to go with your president research, please send it to me.**

Name: _____

Food Chain Crossword



ACROSS:

- 4. Eats only plants.
- 8. Shows how animals are connected in their search for food within an ecosystem.
- 9. Gets its energy directly from the sun.
- 10. An animal that is hunted for food.

DOWN:

- 1. Gets its energy from breaking down and absorbing dead and decaying plants and animals.
- 2. Eats only meat.
- 3. An animal that hunts for food.
- 5. Gets its energy from eating living things.
- 6. Eats plants and animals.
- 7. A place where an organism lives.

Name: _____

Trees

I I J G D R S A S H S D P Y U A V D R O N I
 B A N Y A N P I P U U I N A S Y C A M O R E
 W K E S B V R L D U T A P P L K D X A C P Z
 L Z R S S W U O E J G P C O O M A Y I E N Q
 M L E W I X C N E O K W Y J S P M A P L E E
 N Q N L G R E G H C T X W L X P L A D A R S
 N F L D A U A A N V B M Q D A B V A I C U Q
 C O H D Y J M M D G A L I P S C M O R B C D
 W Y E C N F D O O W N O T T O C U F R U D L
 D C P A E S C J D H V U B D W Q M E Y V B I
 M H O R K E R S H O V O Z F E O L G A T H Q
 R G C J E L B E V D N E P S A N C N D F F R
 N E W D P S M R W O P T Y L L A R T C K Q A
 H K P H B L S G P O I O P U M J Y R L B L W
 C A F I O Z F X Z W N B Z Y H J S Y W E Z L
 R O A C N D D F D D E D R E M K T L F V W X
 I O K Q D U M Y N E V O R W Q B L K O S L V
 B R N R H E J X I R H G R B C I U J P Y Y I
 S T I H G C C V A X Y W T W P B Y A A K H V
 X L I F N A U K B A D O T C V D S S Q I V N
 B Y H B Q W U E Y Y R O K C I H D Q Z U G Y
 L D V G L S W K R G R D U G P R V F Q Z R M

- | | |
|------------|----------|
| ASH | MAGNOLIA |
| ASPEN | MAHOGANY |
| BANYAN | MAPLE |
| BEECH | OAK |
| BIRCH | PALM |
| CEDAR | PINE |
| COTTONWOOD | POPLAR |
| CYPRESS | REDWOOD |
| DOGWOOD | SEQUOIA |
| ELM | SPRUCE |
| EUCALYPTUS | SYCAMORE |
| FIR | WILLOW |
| HEMLOCK | |
| HICKORY | |

Send me pictures of your completed experiment. Did the experiment go as expected? What might you do differently next time? Can you think of any other ways you can experiment with density?

Rainbow in a Jar



Materials:

- 6 glasses or cups
- 1 cup measuring cup
- Teaspoon
- Stirring spoon
- Turkey baster
- Tall clear vase
- Water
- Sugar
- Food coloring

Instructions:

1. Measure 1 cup of water into 6 separate glasses.
2. Using only two drops of food coloring, color the water red, orange, yellow, green, blue, and purple.
3. Using the teaspoon, add in the following sugar to each corresponding color. Stir until dissolved.
 - Purple – 10 teaspoons of sugar
 - Blue – 8 teaspoons of sugar
 - Green – 6 teaspoons of sugar
 - Yellow – 4 teaspoons of sugar
 - Orange – 2 teaspoons of sugar
 - Red – No sugar
4. In the long clear vase, pour in the purple water.
5. Use the baster to suck up some of the blue water, and transfer it to the test tube/long clear vase, and **gently** release on top of the purple water.
6. Repeat Step 5 with subsequent colors in the order listed in Step 3.

The Science



Density is the space in between molecules. The farther apart molecules are, the less dense the substance. The closer the molecules are, the more dense the substance. (Example: Hot air rises. Cold air sinks. Hot air is less dense than cold air.) The colors with more sugar are denser, and stay at the bottom. The colors with less sugar are less dense, and stay at the top. They do not mix! What about vegetable oil and water? Do they mix? Which one is denser?

Week of May 4-15, 2020
5th Grade Art
Mrs. Sweeney

Please pick 1 out of the 3 activities to complete every other week. Please email me a picture of your child completing the activities or submit the activity to the homework box located in the Lake Crest foyer. Some of the art projects require supplies. Please feel free to improvise if you do not have the required supplies, or reach out to me or the office and we will work together to get you what we need. Some basic supplies will be available for pick-up in the Lake Crest foyer.

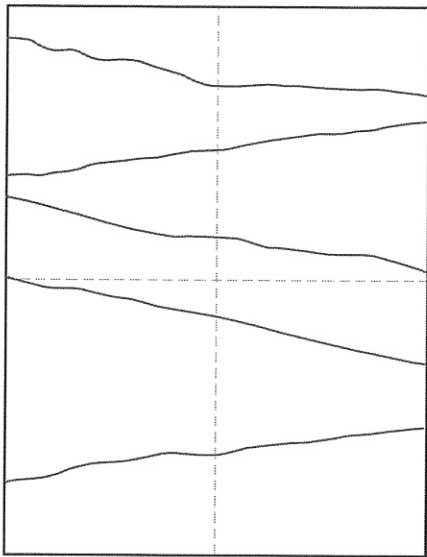
Please email me at jill.sweeney@oakland5.org or call the school and leave a message, and I will give you a call as soon as I can. My office hours are 8-10 am on Mondays and Wednesday and Tuesdays 10-12. I will be readily available at those times.
School office hours: Monday-Thursday 7:30-11:30 and the phone is 217-346-2166.

If email submission is not an option, contact Mrs. Sweeney for alternative ways to submit work. Sketchbooks and Still Life Drawings can be placed in the Homework Turn-in box in the Lake Crest Foyer.

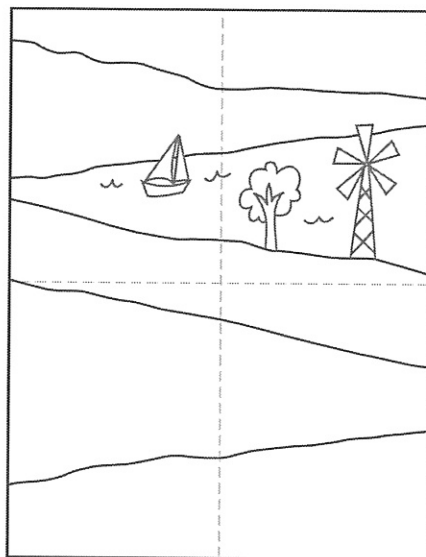
Class	Choice 1	Choice 2	Choice 3 (Enrichment)
5th Grade	Landscape	Origami Eye	Butterfly

Draw a Lakeside Landscape

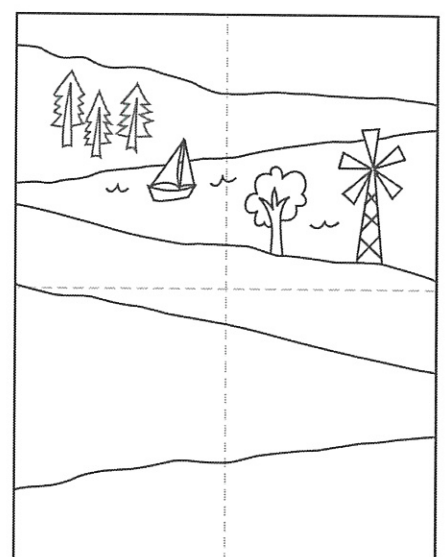
may 4-15



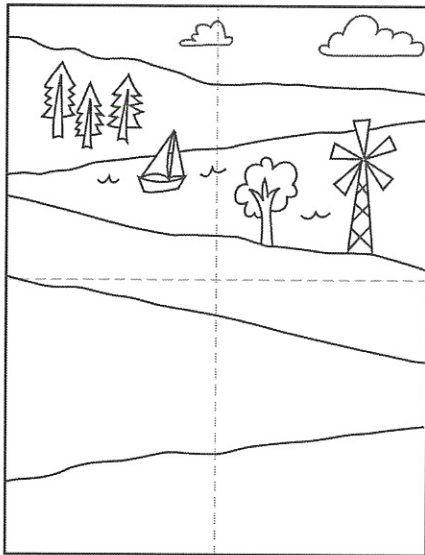
1. Draw five angled lines.



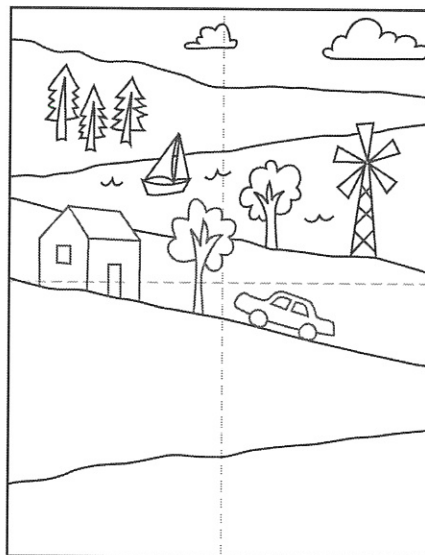
2. Add the lake, tree and windmill.



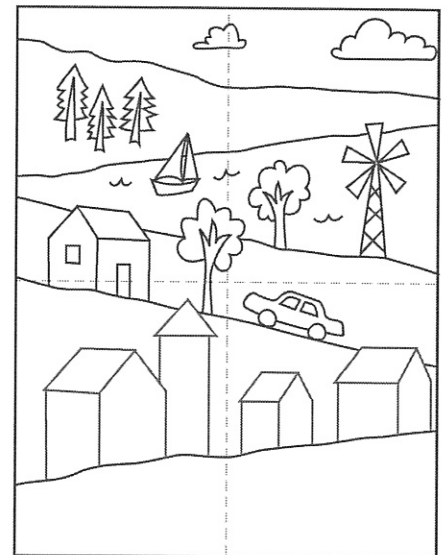
3. Add trees above lake.



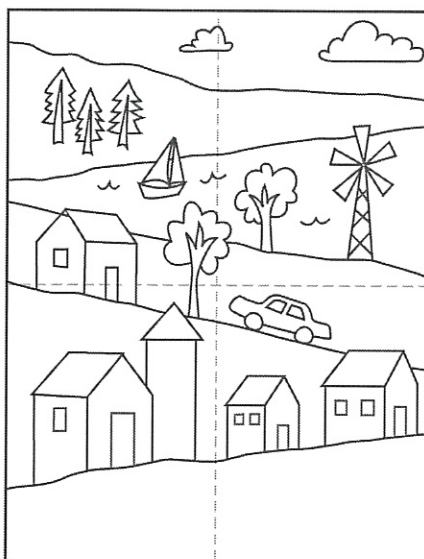
4. Draw clouds above the trees.



5. Add house, tree, car below lake.



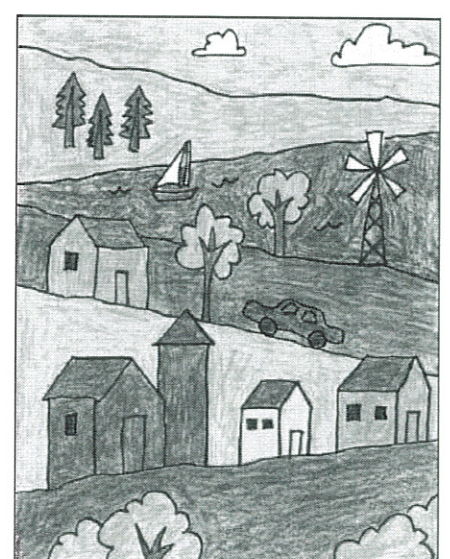
6. Draw buildings below.



7. Add windows and doors.



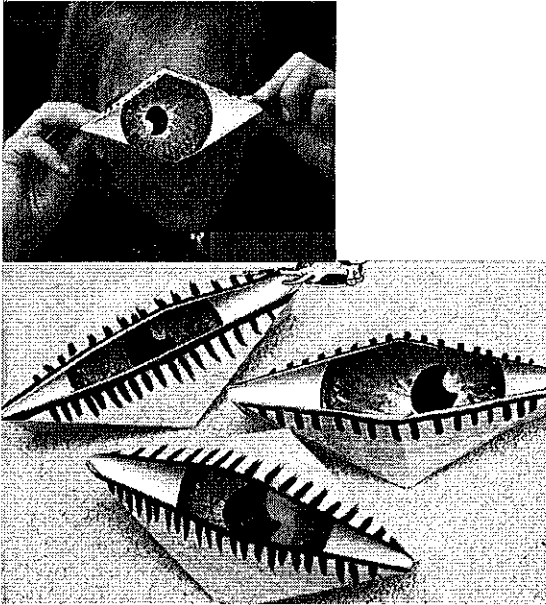
8. Draw large tops of trees.



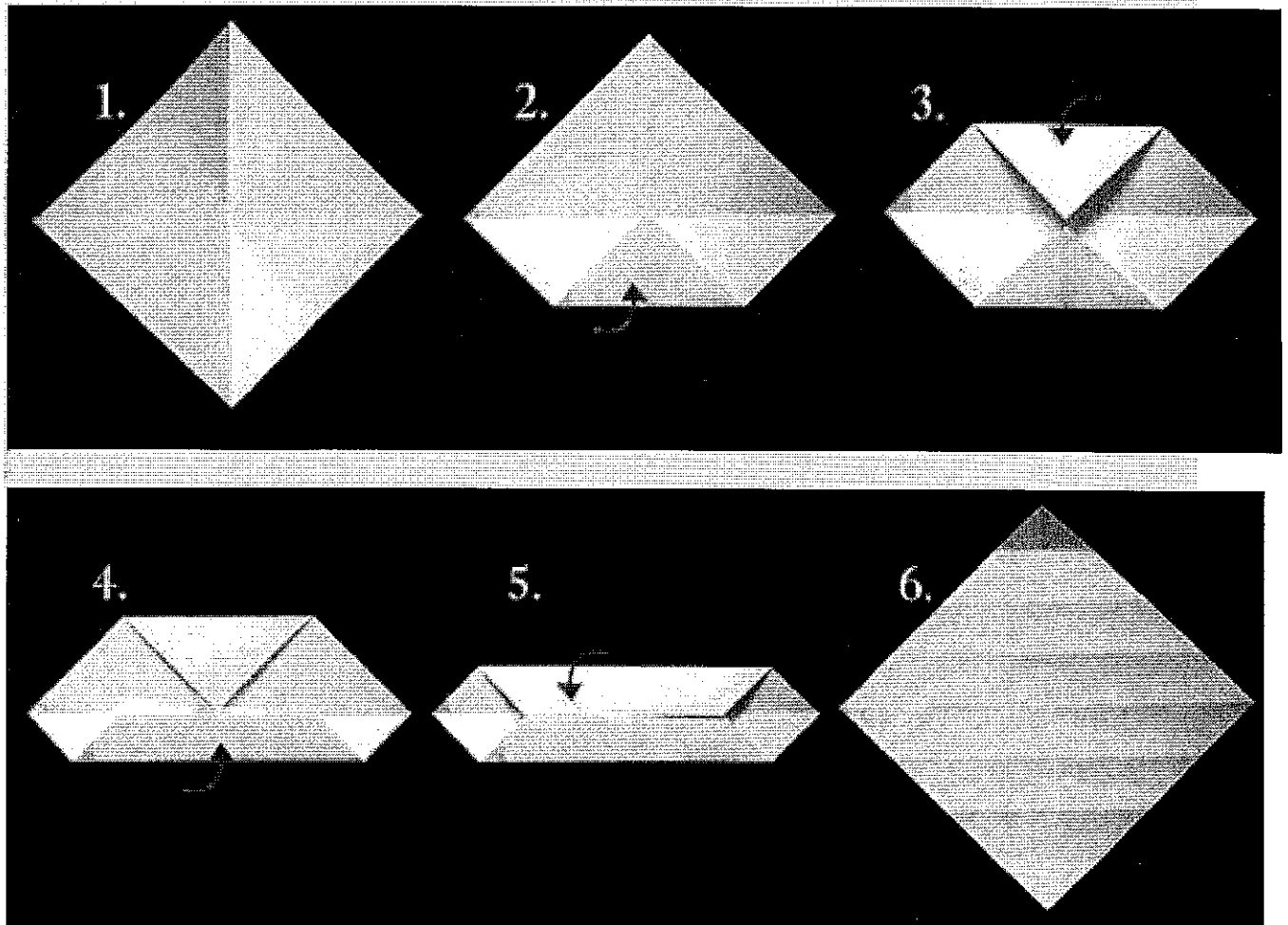
9. Trace with a marker and color.

Origami Eye

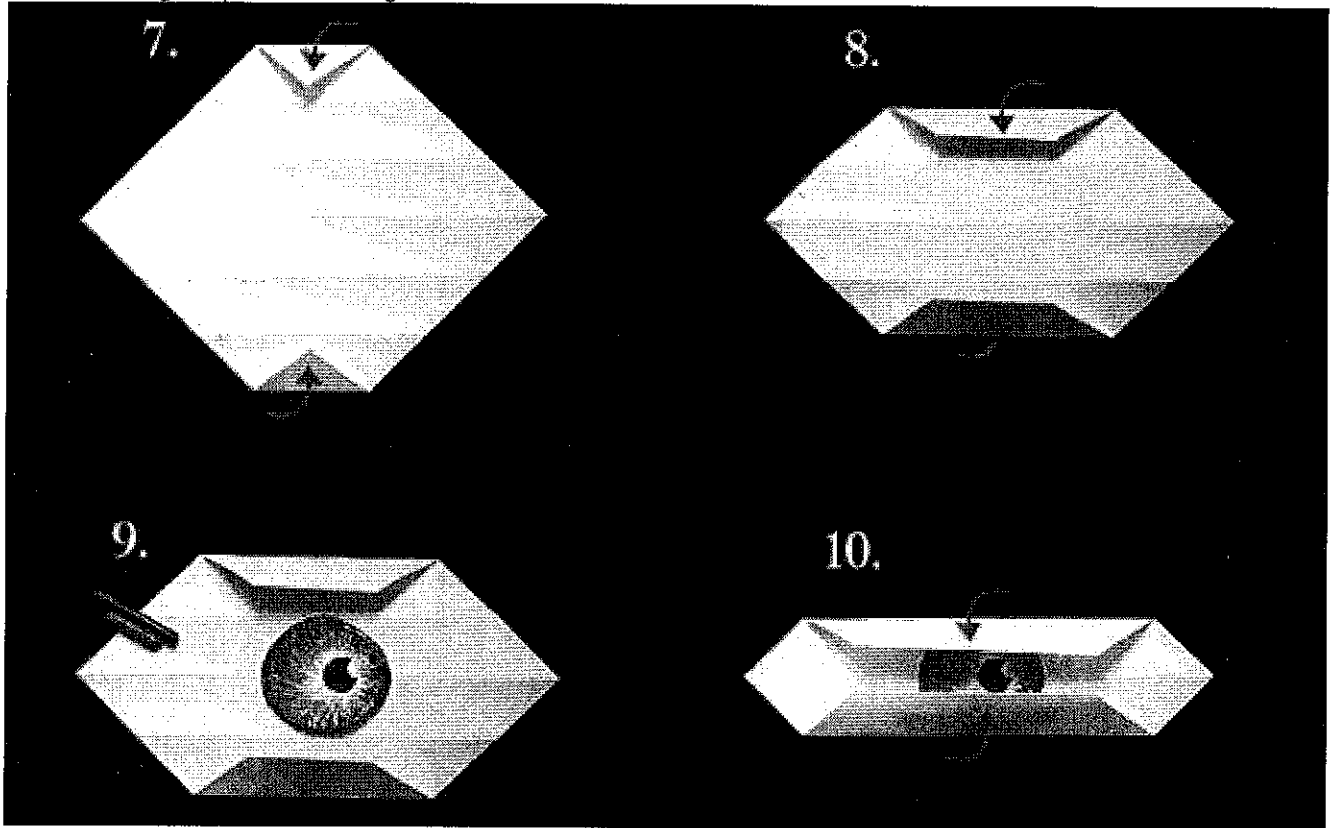
5th grade/choice2/Sweeney



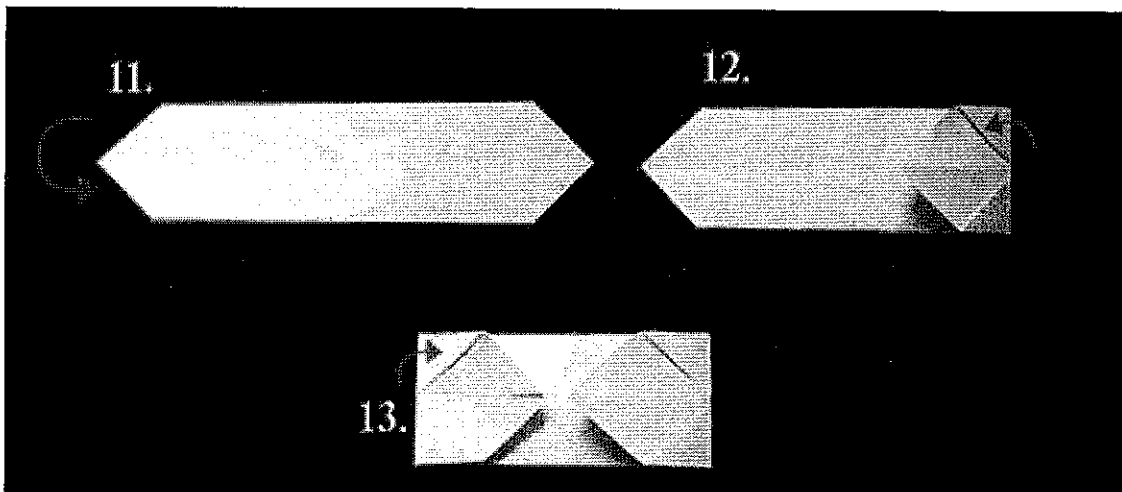
You need one sheet of paper. Make it square



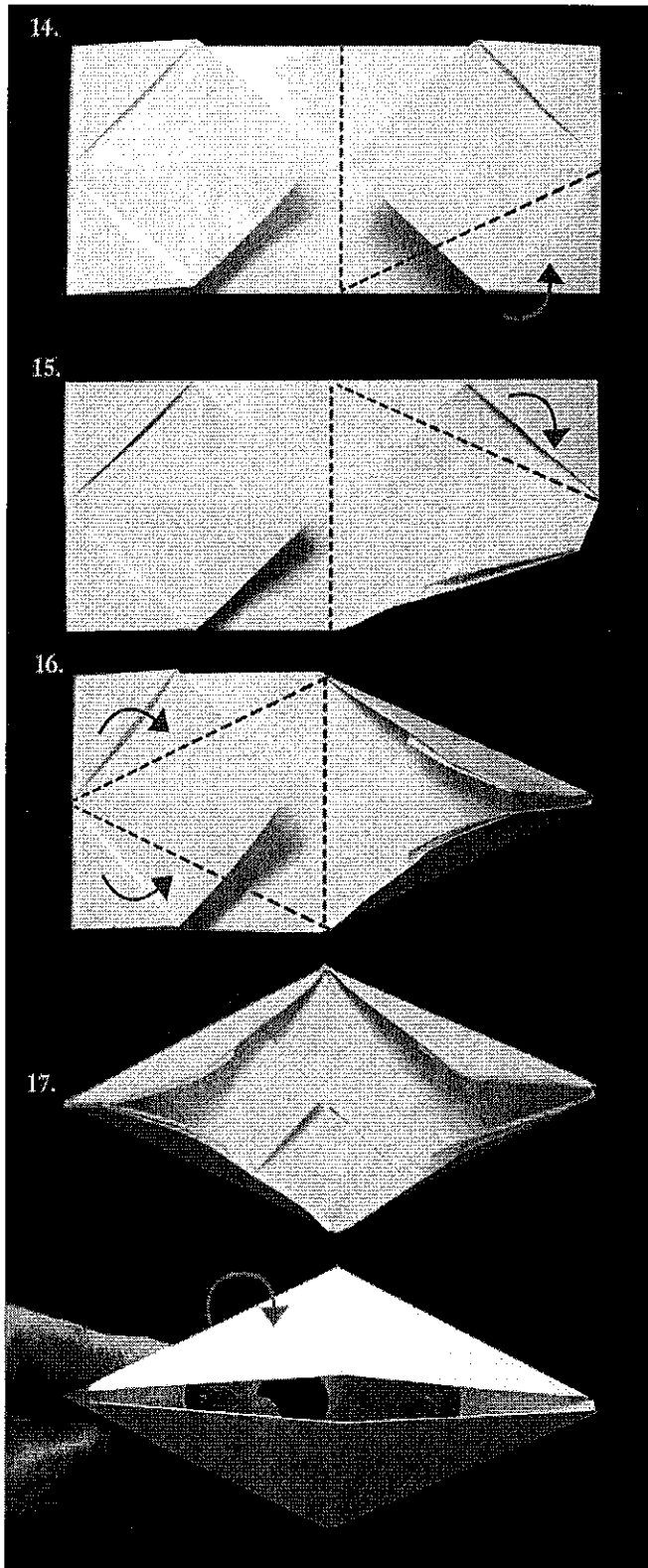
After making steps 4 and 5 again leaves unfold.



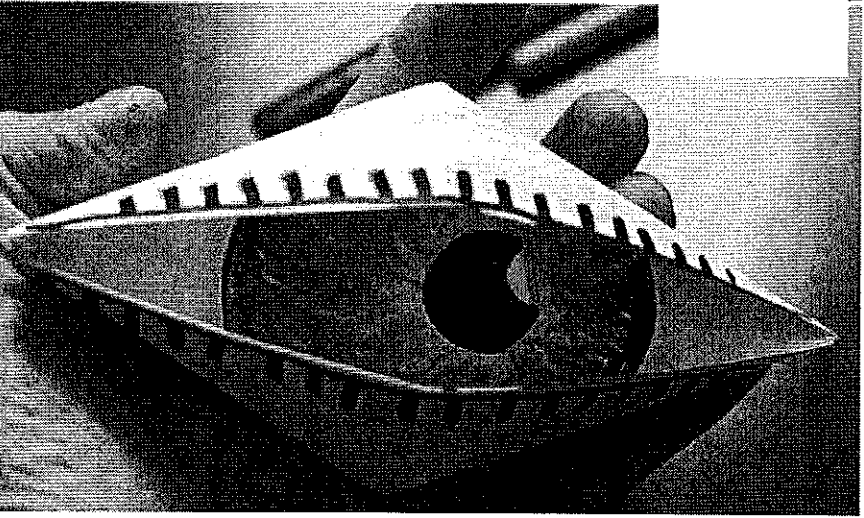
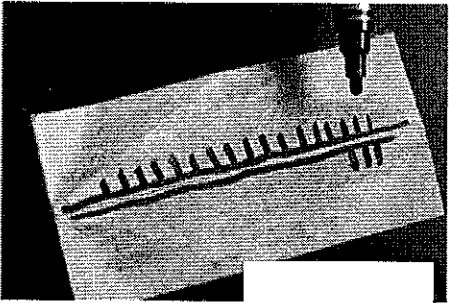
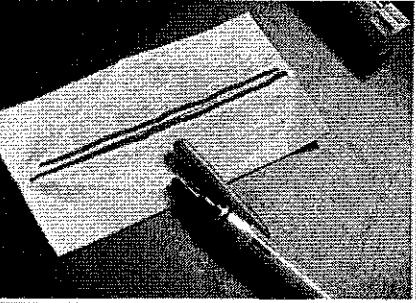
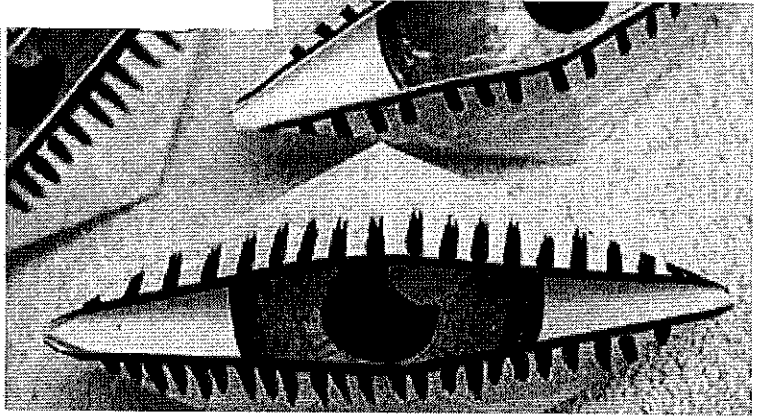
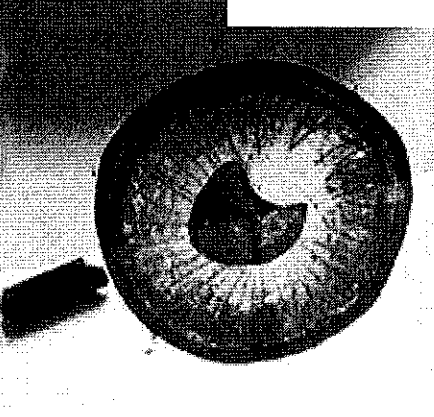
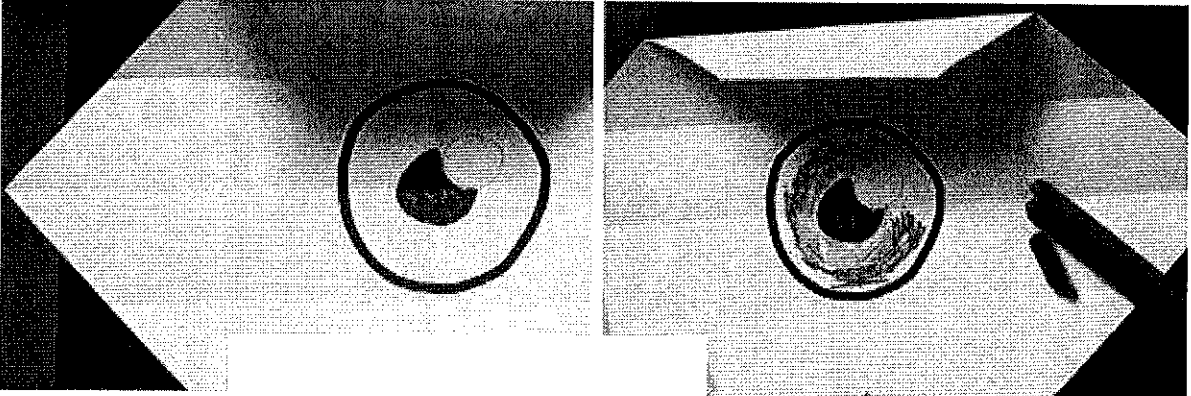
Fold twice again and draw the eye to that place (9). Then fold again



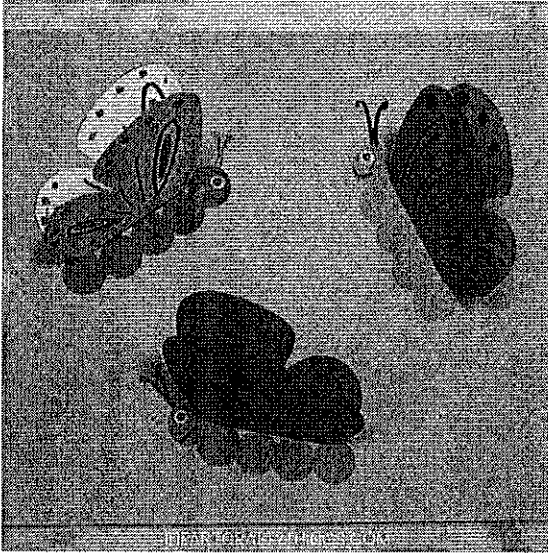
Take the form (11) and reverse bending both ends to the middle



This part is the most detailed. Must be folded on both sides of the four corners observing restrictions for the two middle axes form. Turn again and pulling the ends open and close the eye and how we colored painted eyelashes and eyelid.



3D PAPER BUTTERFLY



SUPPLIES:

- 3D paper butterfly template **←Get at the bottom of this post.**
- colorful cardstock paper (we used 65lb.)
- blue cardstock (for background)
- small googly eyes
- markers
- 3/4-inch round Avery labels
- glue stick
- Scissors

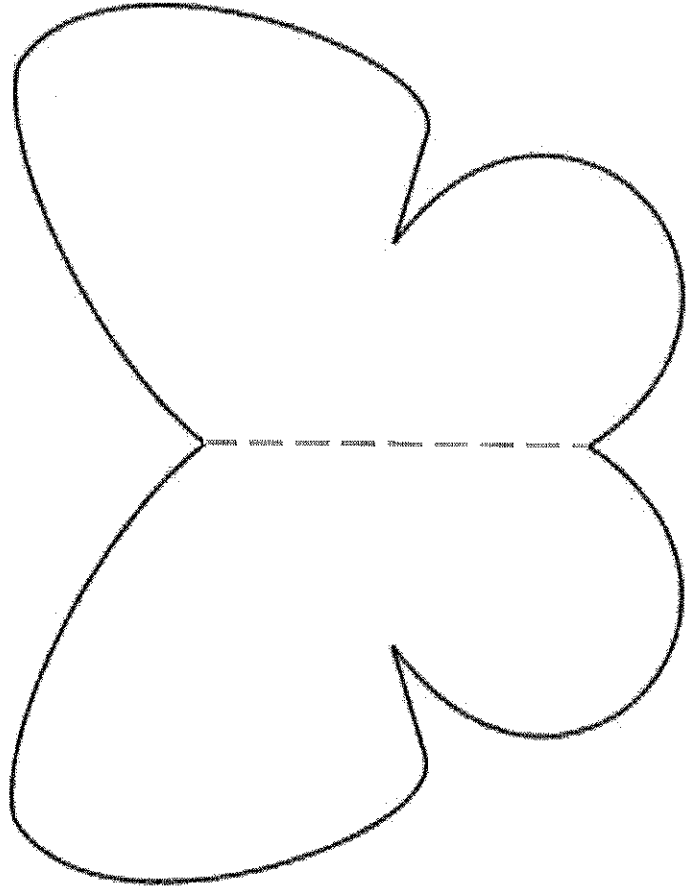
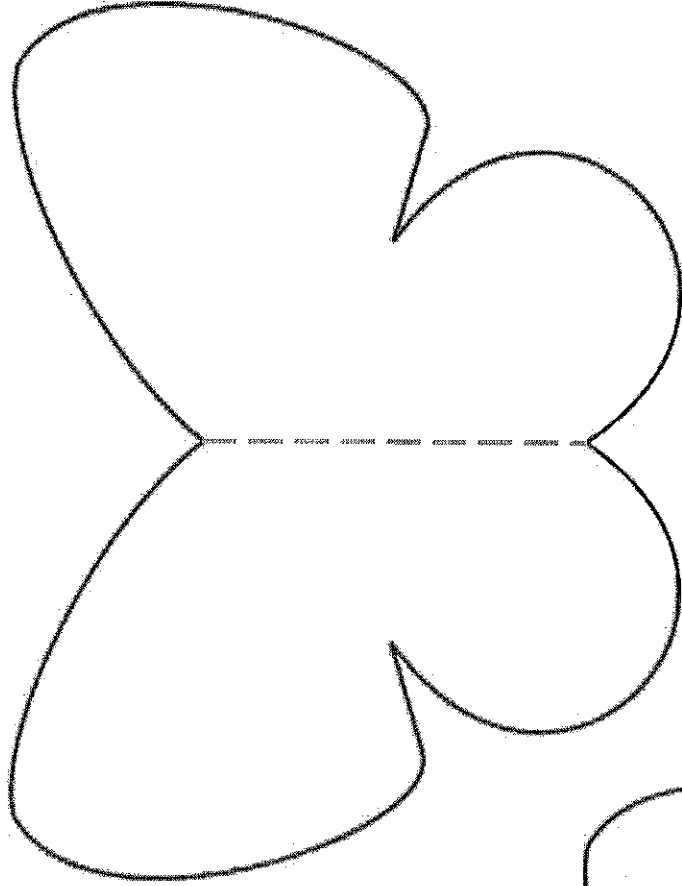
INSTRUCTIONS:

1. Print out the butterfly template on colored cardstock paper. Or on white paper and color with markers or crayon.
2. Cut out the butterfly templates. We added three paper butterflies to our paper but you can choose however many you would like.
3. Lay the butterfly template face up. Use your markers to decorate the butterfly wings on both sides.
4. Fold the butterfly wings in half along the dashed line in the middle. Add glue to the bottom of the folded butterfly wings and glue it onto your blue cardstock.

5. Draw or cut out 5 circles at the base of the butterfly wings to create the butterfly body.

6. Draw an eye on the butterfly. Then use markers to draw a smile and antennae onto your 3D paper butterfly craft. *For some additional fun, draw colorful flowers at the bottom of your paper so it looks like your butterflies are out for a snack.*

3D Butterfly Craft
©iheartcraftythings.com



Weeks of *May 4-15*, 2020 April Lee

Hello! This will be our final packet for Music this school year. It is with mixed emotions that I send it out to you. I feel sad we didn't get to have our Spring Concert, but I feel glad that Spring is in the air and Summer is just around the corner. Here's wishing you and your families all the best this season and the next!!!

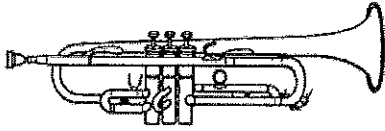
Please don't forget about the Facebook group called Lake Crest Music. I believe I have invited everyone K-5. Each day or so I try to find some activity we can do together. Send me an email or make a comment if you liked a particular activity.

To complete Options #1 & #2 students will need a pencil. For Option #3, crayones will be needed. This work is due May 15.

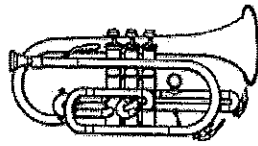
My "office hours" are from 10:00 a.m. to noon on Mondays, Wednesdays, & Thursdays, but you can email me anytime with questions or concerns at april.lee@oakland5.org.

Class	Choice 1	Choice 2	Choice 3 (Enrichment)
5th Grade Music	Brass Family Crossword	My Mix Tape	Flower Rhythm Math

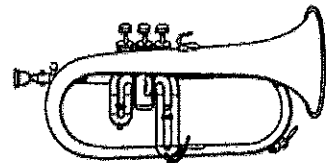
The Brass Family



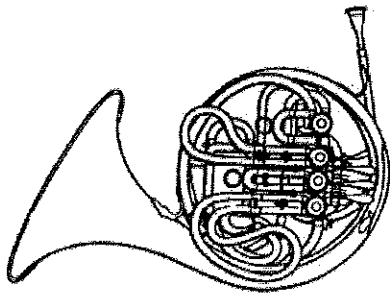
Trumpet



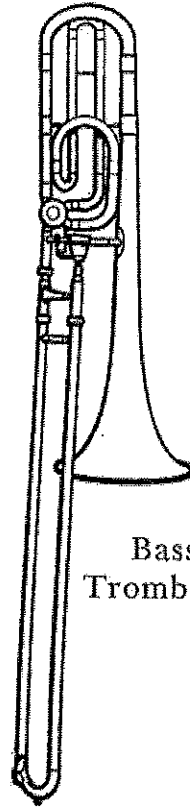
Cornet



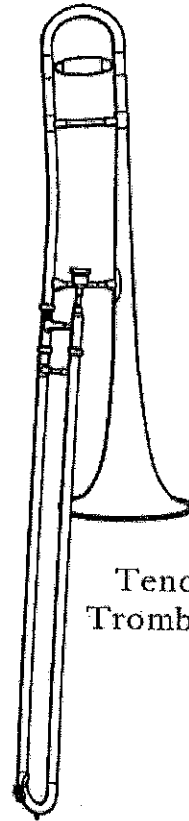
Flugelhorn



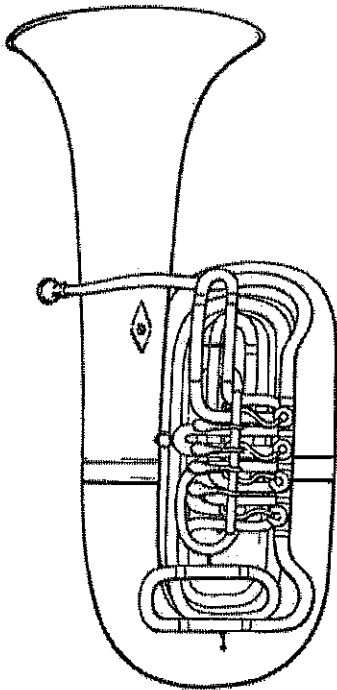
French horn



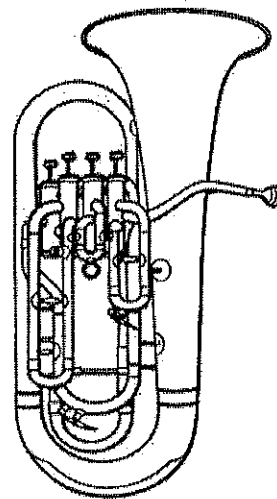
Bass Trombone



Tenor Trombone



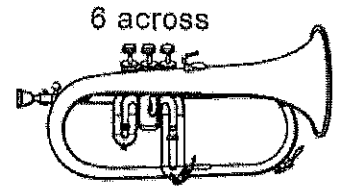
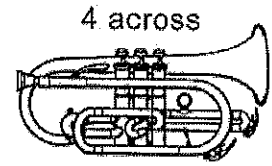
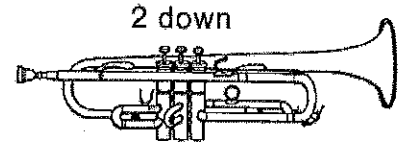
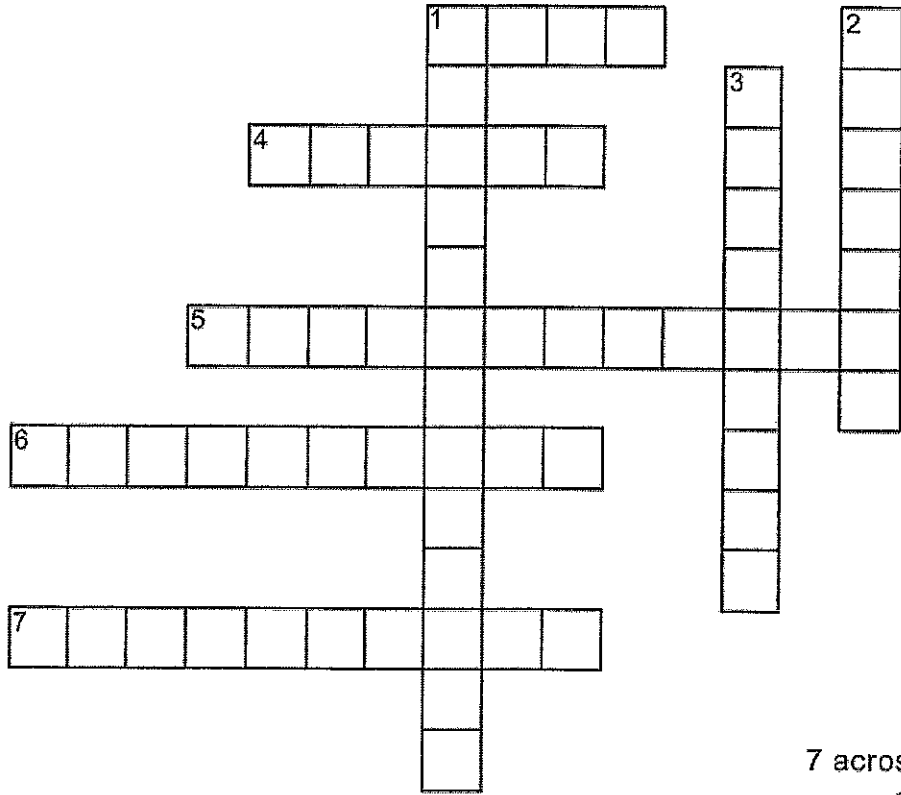
Tuba



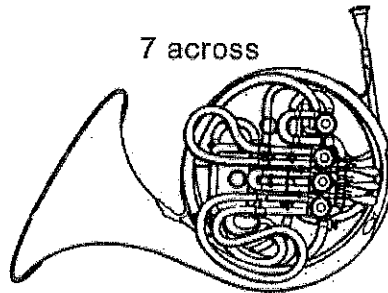
Euphonium

The Brass Family

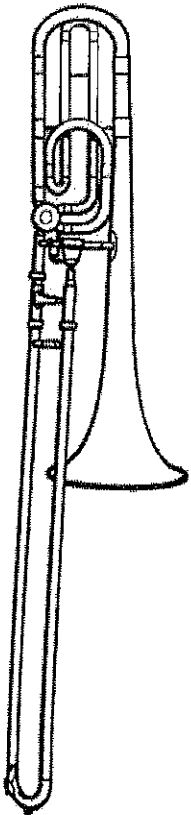
Fill in the crossword puzzle using the pictures as clues.



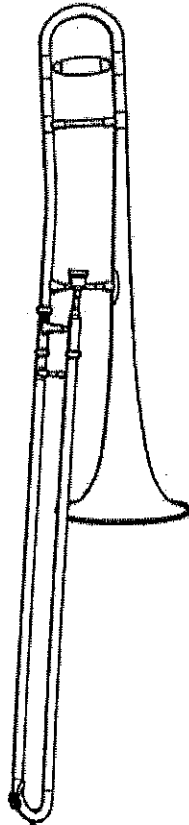
7 across



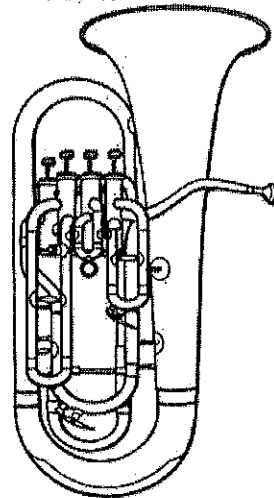
5 across



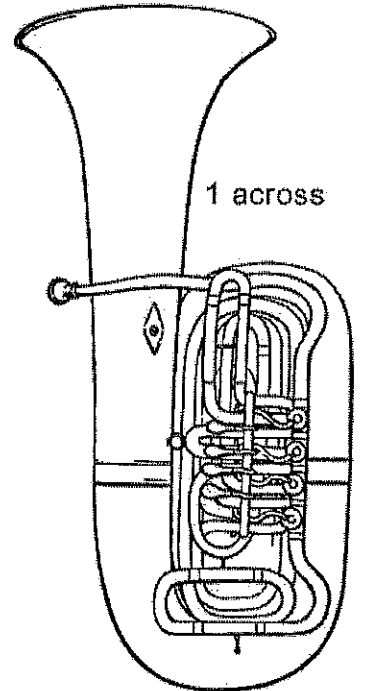
1 down



3 down



1 across





Music is a complex and multi-sensory form of literature. Sometimes just hearing a song can conjure a powerful memory or emotion. Think carefully about your favorite songs and **why** you love them. Then use the prompts to create a mixed tape of your top 10 best hits.

Music is a higher revelation than all wisdom and philosophy.

-Ludwig Van Beethoven

Best song to wake up to:

Why?

Best cruising-in-the-car song:

Why?

Best song to vent when you're angry:

Why?

Saddest song:

Why?

Favorite 80s song:

Why?

Best song to dance to:

Why?

Song that represents you best:

Why?

Song that represents a cherished memory:

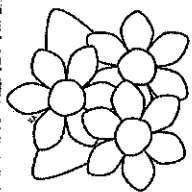
Why?

Best song to fall asleep to:

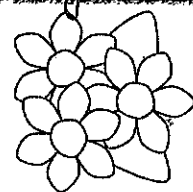
Why?

Favorite 90s song:

Why?



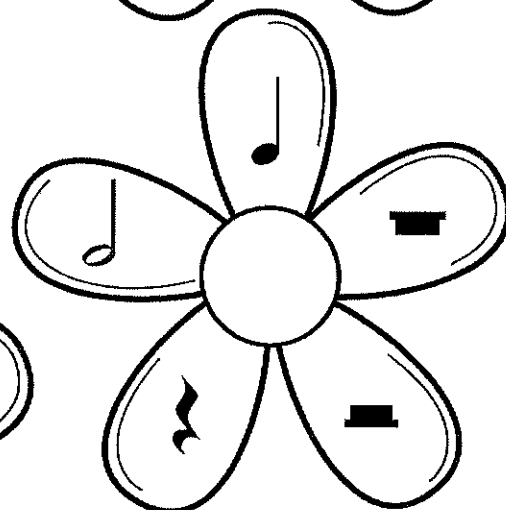
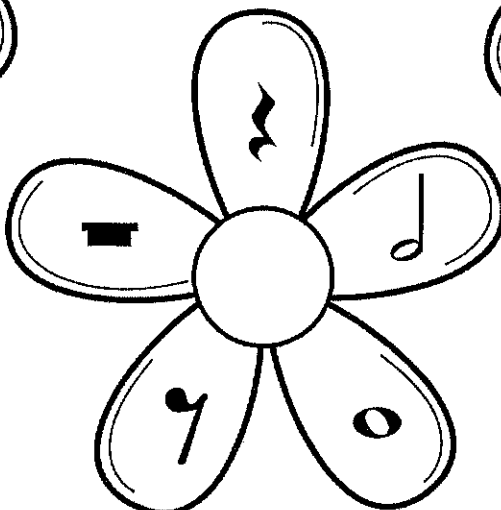
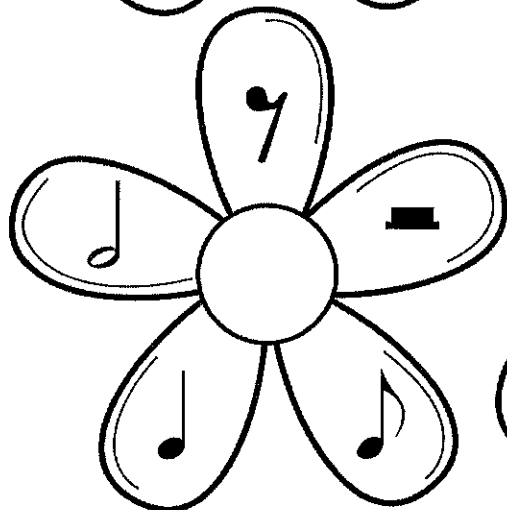
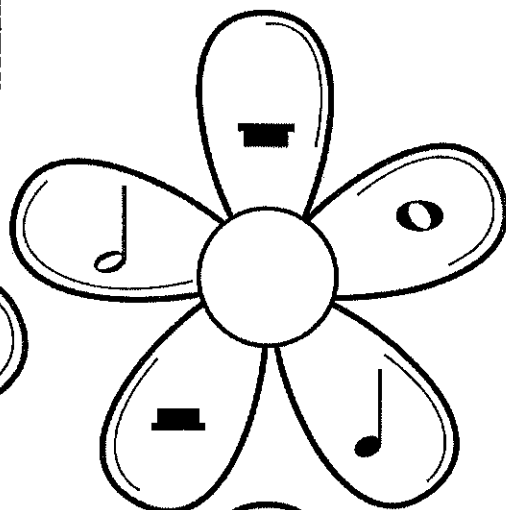
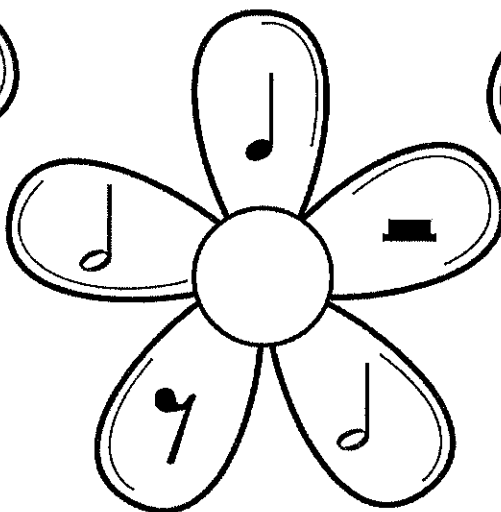
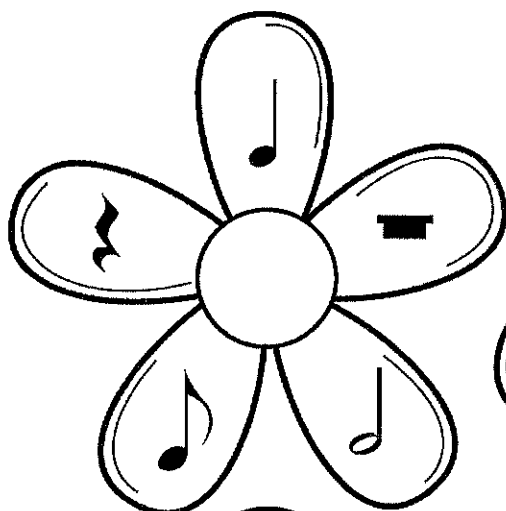
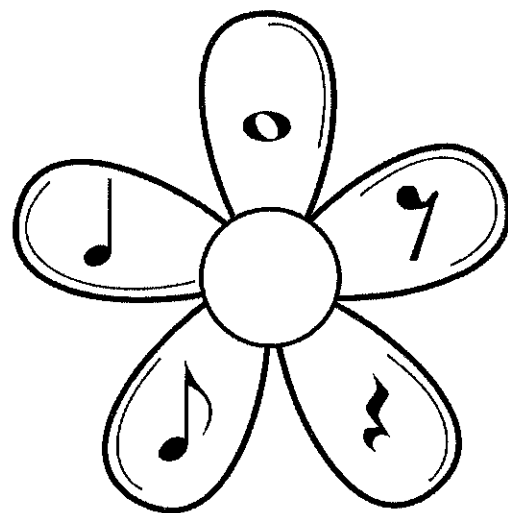
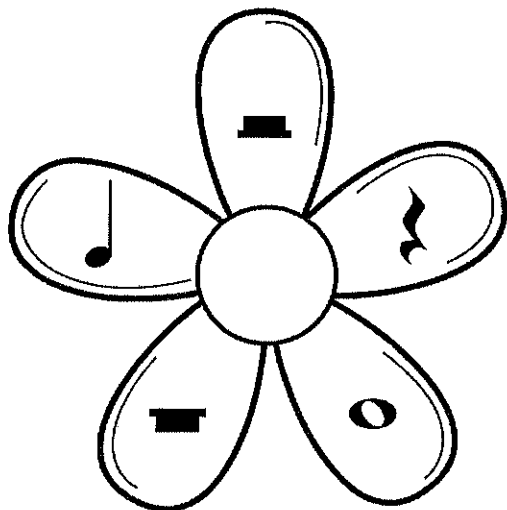
ADD THE FLOWER PETALS!



NAME: _____

DIRECTIONS

Add together the note and rest durations on each petal, then write the total number of beats in the center of the flower.



Week of May 4-May 8, 2020

Mr. Anderson

Please pick 3 out of the 6 activities to do for the week, 3 activities per week. Please take a picture or a short video of your child performing the activity. Along with the video/picture, include the date as well when submitting to my email/phone. Your child may also write a few sentences about the activity if you don't have access or feel comfortable sharing electronically. I'm really excited to see what you are doing. Miss all of you, STAY SAFE.

My email is brian.anderson@oakland5.org, my phone number is 217-218-5420 or submit the written reflection to the homework box located in the Lake Crest foyer.

Class	Choice 1	Choice 2	Choice 3	Choice 4	Choice 5	Choice 6 (Enrichment)
5 th -6 th PE	Take a Walk (at least 20 minutes)	Take a bike ride (at least 20 minutes)	Run or a walk/jog combination around the block, down the road, around town, etc. (at least 20 minutes)	65 push-ups (knees if needed) 65 Jumping Jacks 65 Sit-ups *Chart how long it takes to complete all 3	15 minute Push-up challenge & 5 minute Body Squat challenge. (As many push-ups/body squats as you can get done in the allotted time. Chart your #'s/sets. Rest when needed.	Any other physical activity that you can think of around the house/garage. (BE CREATIVE) (20 min. minimum) -yard work, basketball, creative ways to weight lift, trampoline, Farm work, etc. *YouTube is a great resource for finding activities w/ limited equipment.

Week of May 11 - May 15, 2020

5th PE

Coach Kappy

Please pick 3 out of the 5 activities to do for the week. Please email me a picture of your child completing the activities and the dates or email me a description of the activities. You or your child may also write a few sentences about the activity and submit to the homework box located in the Lake Crest foyer.

Please email me at jenny.kapraun-veach@oakland5.org or call the school and leave a message, and I will give you a call as soon as I can.

Class	Choice 1	Choice 2	Choice 3	Choice 4	Choice 5
5th Grade	Ride your bike for 20-30 minutes	Play Basketball for 20-30 minutes.	Run a mile and email me your time	Do an exercise video.	Another physical activity that you do for at least 20 minutes or more (yard work, taking a walk, etc)

Week of May 11-May 15, 2020
Mr. Anderson
LAST WEEK of REMOTE LEARNING

Please pick 3 out of the 6 activities to do for the week, 3 activities per week. Please take a picture or a short video of your child performing the activity. Along with the video/picture, include the date as well when submitting to my email/phone. Your child may also write a few sentences about the activity if you don't have access or feel comfortable sharing electronically. I'm really excited to see what you are doing. Miss all of you, STAY SAFE.

My email is brian.anderson@oakland5.org, my phone number is 217-218-5420 or submit the written reflection to the homework box located in the Lake Crest foyer.

Class	Choice 1	Choice 2	Choice 3	Choice 4	Choice 5	Choice 6 (Enrichment)
5 th -6 th PE	Take a Walk (at least 20 minutes)	Take a bike ride (at least 20 minutes)	Video/Pic of you doing something a little bit outside of the box but still physical activity (20 min) *Examples I've received so far during this pandemic (kayak, Barbie scooter around town, push-mowing/weed eating, painting, sweeping, dusting, planting flowers, flipping tires, inventing a new game (BIG GREEN BALL))	DANCE PARTY!!!!!! *Throw on some of your favorite music and Dance Party for at least 20 minutes. Show off your moves.	15 minute Push-up challenge & 5 minute Body Squat challenge. (As many push-ups/body squats as you can get done in the allotted time. Chart your #'s/sets. Rest when needed. *BEAT COACH ANDERSON'S RECORD (don't judge me, it's been a few weeks) Push-ups = 179 Body squats = 114	Any other physical activity that you can think of around the house/garage. (BE CREATIVE) (20 min. minimum) -yard work, basketball, creative ways to weight lift, trampoline, Farm work, etc. *YouTube is a great resource for finding

						activities w/ limited equipment.